

# **Pain Management: Medical & Legal Aspects**

## **Board Review Course**

February 23, 2012, 1:00-6:15 PM  
Hyatt Regency New Orleans  
New Orleans, Louisiana



## ***New Orleans***

*Presented by the*

**American Board of Legal Medicine &  
American Board of Medical Malpractice**

*Sponsored by the*

**American College of Legal Medicine**

**February 23, 2012, before the ACLM 52nd Annual Meeting  
*"Law and Medicine Update"***

**Pain Management: Medical & Legal Aspects - Board Review Course**

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# Pain Management: Medical, Ethical & Legal Aspects

## **ABLM & ABMM Board Review Course**

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**12:00 - 6:15 p.m. Registration Desk Open**

**SESSION ONE Moderators:** Peter H. Rheinstein, MD, JD, MS, FCLM, ABLM Chairman

Bruce Seidberg, DDS, JD, FCLM, ABMM Chairman, ACLM Past President

**1:00 - 1:15 p.m. Welcome & Introductory Remarks about Pain Management**

Dr. Rheinstein & Dr. Seidberg

**1:15 – 2:00 p.m. Opioids: Clinical Pharmacology – Ethical & Clinical Issues**

Robert (Dr. Bob) Buckman, PhD, FCLM, ABMM Treasurer, Chair, ACLM Foundation

**2:00 – 2:45 p.m. Opioids: Federal & State Law: Drugs, Practitioners, and Addicts**

Peter H. Rheinstein, MD, JD, MS, FCLM, ABLM Chairman

**2:45 – 3:00 p.m. BREAK - Refreshments**

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**SESSION TWO Moderators:** Don Harper Mills, MD, JD, FCLM, ACLM Past President

Richard Wilbur, MD, JD, FCLM, ACLM Past President

**3:15 – 3:45 p.m. Opioid Deaths: Forensic Pathology & Investigations – Ethical & Legal Issues**

Cyril H. Wecht, MD, JD, ABLM Past Chairman, ACLM Past President

**3:45 – 4:15 p.m. Opioids: Ethics & Informed Consent & Physician-Patient Treatment Agreement**

Bruce Seidberg, DDS, JD, FCLM, ABMM Chairman, ACLM Past President

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**4:15 – 4:45 p.m. Opioids: Prescription Monitoring Programs, Disposal of Excess Drugs – Law & Ethics**

John Hall, MD, JD, FCLM, Trustee, ABLM

**4:45 – 5:15 p.m. Opioids: How and What – Controlled/Illicit Substances – Ethical & Legal Issues**

Matthias Okoye, MD, JD, FCLM, ABLM Secretary

**5:15 – 6:15 p.m. PANEL: ALL SPEAKERS & MODERATORS: PAIN MANAGEMENT CASES, Qs & As**

**6:15 ADJOURN**

***Sponsored by the American College of Legal Medicine (ACLM)***

**First Day of the 2012 ACLM 52nd Annual Conference  
"Law and Medicine Update", February 23 - 26, 2012**

To register for the ABLM please contact the ACLM at:

**Two Woodfield Lake, 1100 E. Woodfield Road • Suite 520 • Schaumburg, IL 60173**

**Phone: 847-969-0283 • Fax: 847-517-7229 Email: [info@aclm.org](mailto:info@aclm.org)**

For Question, please call or E-mail: Dr. Peter Rheinstein at:

**Address: 621 Holly Ridge Road, Severna Park MD 21146**

**E-mail: [phr@jhu.edu](mailto:phr@jhu.edu) Tel: 410-647-9500 Fax: 410-647-6135**

**Toll free numbers: 1-877-647-9500 (voice); 1-877-647-6135**

**Fee: \$195**

**Pain Management: Medical & Leg**

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## Accreditation Statement

### Continuing Medical Education Statement

The American College of Legal Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American College of Legal Medicine designates this live activity for a maximum of **5.00 AMA PRA Category I Credits<sup>TM</sup>**, which includes a maximum of **2.00** hours of medical ethics credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Conflict Resolution Statement

The American College of Legal Medicine has reviewed this activity's speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

### General Disclaimer

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### *Special Assistance*

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call (847) 969-0283 if you require special assistance to fully participate in the meeting.

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## Statement of Need

Prescription drug abuse is the Nation's fastest-growing drug problem. Over 70 percent of people who abused prescription pain relievers got them from friends or relatives. Prescription drugs are the second most-abused category of drugs after marijuana. Any doctor or healthcare practitioner licensed to prescribe, dispense or administer prescription drugs should be educated on how to do so in a safe and clinically appropriate way.

Allopathic and Osteopathic pain management, particularly with controlled substances, is prescribed and dispensed currently at an increasing rate to help patients cope with pain, insomnia, anxiety, depression, and myriad other disorders. Most practitioners are rather conservative when prescribing controlled drugs while a small number are at times overly aggressive. Furthermore, controlled prescription medications are falling into the hands of increasing numbers of prescription drug abusers.

This Board Review Course focuses on the following four major areas aimed at reducing prescription drug abuse:

1. **Education** – This is critical for the public, for patients and for healthcare providers to increase awareness about the dangers of prescription drug abuse, and about ways to appropriately dispense, store, and dispose of controlled substance medications.
2. **Monitoring** - Enhancement and increased utilization of prescription drug monitoring programs will help to identify “doctor shoppers” and detect therapeutic duplication and drug-drug interactions.
3. **Proper Disposal** - The development of consumer-friendly and environmentally-responsible prescription drug disposal programs may help to limit the diversion of drugs, as most non-medical users appear to be getting the drugs from family and friends.
4. **Law Enforcement** - The provision to law enforcement agencies the support and the tools they need to expand their efforts to shut down “pill mills” and to stop “doctor shoppers” who contribute to prescription drug trafficking.

### *Practitioner should more effectively:*

- **Know the laws, State and Federal, and regulations** pertaining to prescribing of controlled substances for pain;
- Understand the **FDA REMS (Risk Evaluation and Mitigation Strategy) Program** and the Role of Drug Manufacturers in Educating Patients & Practitioners;
- Learn how to use the **Prescription Monitoring Program**;
- Understand the **standards of care for pain management** generally and more specifically when utilizing controlled drugs;
- Adhere to **evidence-based guidelines** when managing pain and Identify diagnostic criteria for appropriate prescribing;
- Consider the **therapeutic implications** of specific substance use by individual patients, conduct clinic/office **periodic review** of pain management, and evaluate **outcome data**, whether beneficial, non-effective, or adverse;

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- Know how to **educate patients about controlled substances**;

## Who Should Attend and Why?

Physicians in all specialties, Physician Assistants, Pharmacists, Nurse Practitioners and Nurses, in medical offices, clinics, hospitals, palliative care and home health, who need or wish to increase their medical and legal knowledge in pain management and enhance their ability to effectively prescribe and control opiate medications without the potential for abuse.

## Participant Learning Objectives

After attending this course, participants will be able to:

- **Understand** the Federal and State law regarding opiates, the standards for opiate use;
- **Develop** a Clinic Policy for managing pain patients and opiate prescribing;
- **Employ** interviewing techniques relating to the diagnosis and management of substance abuse in general and prescription drug abusers in particular;
- **Select** patients who are appropriate candidates for opioid management of chronic pain in keeping with established guidelines;
- **Define** risk factors for potential misuse or abuse of prescribed opioid medications, recognize the importance of consistent screening for risk prior to prescribing, and outline a time efficient method of screening for risk;
- **Follow** an evidence-based protocol for starting patients on opioid analgesic therapy, including issues specific to safely initiating and titrating opiates;
- **Recognize** aberrant drug taking behaviors related to opioid misuse or abuse, and be able to distinguish unintentional misuse and “pseudoaddiction” or “chemical coping” from deliberate misuse, abuse and diversion;
- **Outline** an effective approach to clarify and intervene appropriately with aberrant drug-taking behaviors, including referral to specialized addiction treatment programs when indicated; and
- **Discuss** beliefs, stereotypes, and attitudes about controlled substance prescribing, controlled drug abusers and chemical dependency, and consider the therapeutic implications of treatments based upon these beliefs.

## Educational Design and Methodology

- The course uses lectures, participative discussions, syllabus, and power points presentations to create an intensive learning environment for attendees.
- The Attendees will receive a CD that contains the Syllabus as well as references to other Online Educational Courses, Pain Management Forms, and Patient Educational materials.

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- Participants will only receive CME **credits** for the sessions attended.

### **Respectfully Submitted by:**

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